La Mare de Carteret Primary School

Personal Social Health Education Policy

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Our Vision and Values



LMDCP working together with the entire community to ensure the rights of the child are met by providing a safe, nurturing and challenging education

Primary personal, social and health education (PSHE) is designed to help give pupils the skills, knowledge and understanding they need to lead confident, healthy, independent lives and become informed, active, responsible citizens. It is a planned programme to help children and young people develop fully as individuals and as members of families and social and economic communities. In the

Primary phase, citizenship education is incorporated into PSHE and its purpose is to enable individuals to make their own decisions and to take responsibility for their own lives and their communities. The delivery of PSHE is central to fulfilling the purposes of the Guernsey curriculum in enabling learners to become confident individuals, successful learners, responsible citizens and effective contributors. At foundation stage and at KS 1 & 2, PSHE is a core subject.

Aims

The curriculum aims to prepare young people for the opportunities, responsibilities and experiences of life. The overarching aims for PSHE education are to provide pupils with:

- accurate and relevant knowledge
- opportunities to turn that knowledge into personal understanding
- opportunities to explore, clarify and if necessary challenge, their own and others' values, attitudes, beliefs, rights and responsibilities
- the skills and strategies they need in order to live healthy, safe, fulfilling, responsible and balanced lives. (PSHE Association 2013).

Objectives

That of all of our young people become:

- Successful Learners who enjoy learning and are open to new ideas
- Confident Individuals with high self-esteem who are able to live safe, healthy and fulfilling lives
- Responsible Citizens who respect others and make informed choices and decisions
- Effective contributors who are resilient and able to cope with change

(The Bailiwick of Guernsey Curriculum).

The Curriculum

PSHE is part of the core curriculum for KS1 and KS2 and Personal, Social and Emotional Development is part of the core curriculum at Foundation Stage. Opportunities for promoting pupils' personal, social and emotional development exist throughout the curriculum. Any information provided should be realistic and relevant and should reinforce positive social norms. Learning should take a positive approach that does not attempt to induce shock or guilt, and focuses on what pupils can do to be healthy, stay safe, enjoy and achieve, make a positive contribution and achieve economic wellbeing.

Delivery

PSHE should be delivered in the following ways;

- Discrete curriculum time 30 mins per week for KS1 and 45mins for KS2 as agreed
- Cross-curricular links
- PSHE and citizenship activities and school events
- School assemblies

PSHE is provided through a spiral programme that gradually expands and enriches key concepts, increases knowledge, deepens understanding, and rehearses and develops key skills through a thematic approach. The PSHE Association programme of study is used for KS1 and KS2 and covers three core themes, within which there will be broad overlap and flexibility:

1) Healthy and Wellbeing
2) Relationships
3) Living in the Wider World

The discrete sessions will also include teaching children about Rights, E-Safety and Citizenship.

Citizenship

Unicef Rights Respecting Schools Award (RSSA)

Our school has recently achieved the Bronze Award and we are currently working towards the Silver Award.
In becoming a Rights Respecting School, our school will focus on four key areas of impact; wellbeing , relationships, participation and self-esteem. By doing so ,it is our aim that children in our school are healthier and happier, they feel safe, they have better relationships and that they become more active and involved in school life and the wider world.

Seen and Heard Group

This group is a pupil-led group, facilitated by a member of staff and a parent representative. Children in Years 3-6 can apply for the role. The group has responsibility for ensuring that the pupils and wider school community know about Rights. They are also responsible for leading assemblies and presentations about Rights. Regular meetings are held to work through the Action Plan for the Silver Award.

School Council

School councils are elected in Block 1 each year, following an official election process. Teachers hold Class Council meetings, ensuring that their School Council Representative has the opportunity to discuss current matters and feedback from meetings. School Council meetings are held half-termly, with additional meetings in place when required. School Council are responsible for fundraising and cascading information to their class.